

**Proverbs 24:13, 14 Eat honey, my son, for it is good; honey from the comb is sweet to the taste. Know also that wisdom is sweet to the soul; if you find it, there is a future hope for you, and your hope will not be cut off.**

**Psalms 119:103 How sweet are your promises to my taste, sweeter than honey in my mouth!**

What is your favorite part of the worship service?

The snack time after church is great, too. What kinds of snacks are your favorite? Lots of us like sweet things. We eat sweet things on special occasions like birthdays, right? Sweet can mean good, too. It would be a sweet thing to bring a snack to someone else, perhaps someone who isn't as quick to get to the snack table, like a grandma or grandpa. You've heard someone say "sweet." It sounds good if a teenager says it.

For three weeks, the middle schoolers made a sweet project in Sunday School. We started out dissolving a whole bag of sugar into hot water and pouring it into glasses. We put sucker sticks into the glasses and then we left the glasses in our room. And guess what happened? We spent the next two weeks cleaning up the floor in the middle school room. Do you suppose the kids said "sweet" when they saw three glasses empty and all that sugar stuck in the carpet?

These are the sticks from some of the spilled glasses. After the first week, the crystals that were forming on the sticks looked like this: These crystals didn't get any bigger. When the sticks weren't submerged in the sugar water, the crystals stopped growing.

We left the glasses that were still full in the middle school room for another week. The next week we cleaned the rest of the sugar out of the carpet, and looked at the crystals. The crystals were bigger. Some of the kids ate their crystals. Some kids were gone, so their glasses stayed in the room until today. Today the crystals looked like this:

One of the scriptures we looked at during this project is **Proverbs 24: 13, 14. Eat honey, my son for it is good, honey from the comb is sweet to the taste. Know also that wisdom is sweet to the soul, if you find it, there is a future hope for you, and your hope will not be cut off.** That's a great promise. Another scripture we focused on was **Psalms 119: 103 How sweet are your promises to my taste, sweeter than honey in my mouth!**

When you eat your sweet snack after the worship service, think about how sweet God is, and how sweet his promises are, even sweeter than honey.

Let's pray together: Dear God, you are sweet. Sometimes we forget how sweet you are. Thank you for holidays and sweets. Thank you for the people who make snacks for church. Thank you for your sweet promises. Help us to share snacks with others so we can help show other how sweet you are. We pray these things in the name of your son, Jesus. Amen.

